How to install QuickPop:

System 7:   Just drop this Control Panel file into your
                    System Folder and restart your Macintosh!
System 6:   Just drop this Control Panel file into the
                    Control Panels Folder within your System
                    Folder and restart your Macintosh!

Turning QuickPop on/off:

You can turn QuickPop on or off at any time by clicking the on/off button in the lower left of the QuickPop Control Panel window.